

DOW MEDICAL COLLEGE (DUHS)
FIRST PROFESSIONAL YEAR MBBS BATCH - 2031
MUSCULOSKELETAL SYSTEM - I MODULE (2026)

Time Table: Week – 5

Days	8:30 – 9:30 AM	9:30 - 10:30 AM	11.00 AM - 12:30 PM	1:30 – 3:00 PM
Mon 10/8	PHYSIOLOGY Characteristics of Whole Muscle Contraction NLH – 1 DR. FAREEHA BUTT	SELF STUDY	1-A = ANATOMY (Models study) Models of Arm (Bones, Muscles, Nerves and Vessels) ANATOMY MUSEUM DR HINA 2-B = PHYSIOLOGY To Record Simple Muscle Twitch PHYSIO LAB DR. SANA 3-C = CBL ANATOMY DEPT DR IQRA 4-D2 = SKILL LAB Vital signs-Blood Pressure SKILL LAB D1 = SELF STUDY 5-E= BIOCHEMISTRY (TUTO) Interpretation of Bone Markers in Bone Diseases BIOCHEMISTRY DEPARTMENT DR. SADIA 6-F = SELF STUDY	ANATOMY Nerve Injuries of Upper Limb NLH – 1 DR SARWAT JABEEN
Tues 11/8	ANATOMY Spaces of Palm NLH – 1 Dr UZMA HAMEED	PHARMACOLOGY NSAIDs – I (Aspirin) NLH – 1 DR. AFRINA RAZA	1. B= DR HINA 2. C= DR. OWAIS 3. D= DR SHANZA 4. E2 5. F + A DR. SADIA	PRACTICAL SLOT 1.C = DR AMIR 2.D= DR. SHAYAN 3.E = DR IQRA 4.F2 5. A + B (SELF STUDY)
Wed 12/8	PATHOLOGY Fractures and Bone Repair NLH – 1 DR. AIYESHA HUMAIRA	EMBRYOLOGY Development of Mesoderm, Paraxial Mesoderm, Scleromyotome and Formation of Cartilages NLH – 1 DR AISHA ABDUL HAQ	1. D= DR HINA 2. E= DR. KANWAL 3. F= DR IQRA 4. A2 5. B= DR. SADIA 6. C	ANATOMY Surface Anatomy of Upper Limb NLH – 1 DR AISHA HASSAN BROHI
Thurs 13/8	ANATOMY Topographic Anatomy of Lower Limb Nomenclature NLH – 1 DR AMIR	PHYSIOLOGY Mechanics of Skeletal Muscle Contraction NLH – 1 DR. SHAZIA NAZAR	1.E= SHANZA 2.F= DR. SANA 3.A= DR IQRA 4.B2 5.C= DR. SADIA 6.D	ANATOMY (DEMO) Osteology of Hip Bone I DR UZMA HAMEED
Fri 14/8	INDEPENDENCE DAY			
Sat 15/8	8:30 – 10:00 AM ANATOMY (DEMO) Osteology of Hip Bone II DR AMNA MUGHAL	SELF STUDY 10:00-10:30AM	1. F= DR AMNA 2. A= DR. OWAIS 3. B= DR SHANZA 4. C2 5. D= DR. SADIA 6. E	SELF STUDY